

Important
December Dates:

Early Release

7, 14, 20, 21

Break Dec 22- Jan 4

Cooking Club 13th

Finals Dec 19-21

Birthdays.

Bailey Dec 7
Mr. Woods Dec 17
Nick Dec 26

Quote:

"A goal is a dream with a deadline."





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Happenings this month

Thank you to all of our families and staff for coming out for the Thanksgiving dinner held at Heritage Landing in November. We had over 60 individuals show up, with members from 13 of our families, which made for a memorable evening!

With the end of the semester approaching, stress is mounting. We have coursework to bring to a close, finals to prepare for, and testing to be done. This compounds with shopping, family planning, financial concerns, and reminders of lost friends and loved ones. It's important for all of us to be more aware and more patient with each other.

Food Drive

We are collecting canned food for the O.A.S.I.S. Food Panty in St. Charles. If you are able to, please consider donating the following items to our cause:

- Meals in a can with a pop-top lid
- Tuna or canned chicken
- Soup/Stew/Chili
- Peanut Butter
- Canned fruit in water or juice
- Low sugar cereals
- Healthy Snacks (granola bars, nuts, dried fruit

Sanctuary Corner: Empowered Future

This month we are honing in on future, one of the key components of S.E.L.F. When looking towards an empowered future, there are three areas to look at: recent successes, present challenges, and personal goals.

Student success, staff success, and family success are all an integral element in looking towards the future. Challenges also have beneficial effects on growth. Focusing on academic progress, ability to

express strengths, and the ability to look after one self and others are all a part of everyday challenges. Our future also relies heavily on goals. At Heritage, some students have goals for the New Year:

Amonica wants to focus on having a better bond with her brothers and sisters.

Austin wants to work on being a better brother, son, friend, and student.