

Heritage Herald

January 2017 Volume 2 Issue 6

OPENINGS THIS MONTH

IMPORTANT DATES:

EARLY RELEASE:
JANUARY 11, 18, 25

NO SCHOOL:
JANUARY 2, 3, 4, 16

BIRTHDAYS:
Ms. ANDERSEN 5TH
(REAL B-DAY JULY 5)
Ms. CARRERA 11TH
(REAL B-DAY JULY 11)
Ms. SHEPERD 19TH
(REAL B-DAY JULY 19)
Mrs. LENK 27TH
(REAL B-DAY JULY 27)

QUOTE:

WE HAVE LEARNED THROUGH THE GRIM REALITIES OF LIFE AND HISTORY THAT HATE AND VIOLENCE SOLVE NOTHING. VIOLENCE BEGETS VIOLENCE; HATE BEGETS HATE; AND TOUGHNESS BEGETS TOUGHNESS. IT IS A DESCENDING SPIRAL, AND THE END IS DESTRUCTION FOR EVERYBODY.

-REV. MARTIN LUTHER KING

Welcome back to second semester! We hope you all had a great break and had much time for rest and relaxation!

This month, we are starting some new fun activities within the building.:

The first is a Girl's Luncheon. Once a month, female students have the opportunity to eat lunch and discuss topics that are important to teenage girls with female staff members including Ms. Andersen, Ms. Way, Nurse B, and Mrs. Barry. Together, students and staff will build community together and find solutions to things that challenge women in the 21st century. The meetings will be held in the conference room beginning Tuesday, January 17th.

SANCTUARY CORNER

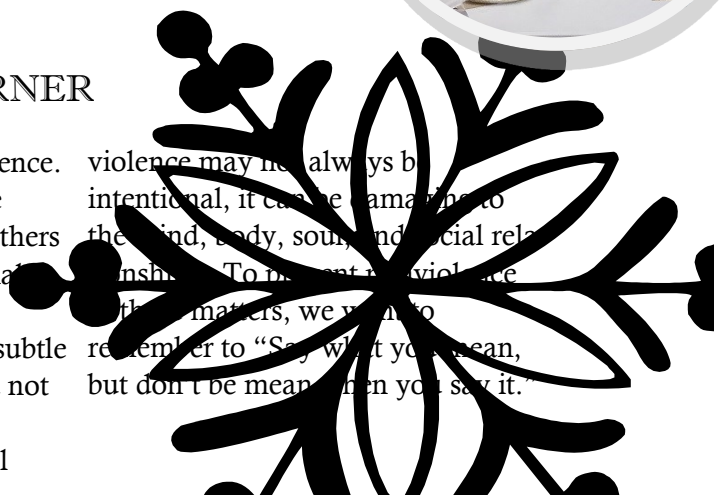
This month's theme is nonviolence. In the sanctuary model, we are committed to nonviolence to others in any form: physical, emotional, verbal and sexual. We will be focusing on some of the more subtle meanings of non-violence, and not just obvious physical violence. Although emotional and verbal

The second new happening starting this semester is a "Lunch Bunch." Students will be paired with a peer and a staff member in an informal setting. They group will have a chance to discuss current topics and form and build relationships with people in which they may not typically have an opportunity to throughout the school day. The first meeting will be Thursday, January 12th and will happen once a month.

New forms will also be sent out for Cooking Club. If you would like to join or continue participating, please have the sheet signed and returned.



Students gathering after school for ping pong and pizza! Above: Evelyn and Bailey Below: Collin, Shawn and Kohlton



violence may not always be intentional, it can be damaging to the mind, body, soul, and social relationships. To prevent violence with matters, we want to remember to "Say what you mean, but don't be mean when you say it."